Spandan College1
spandanktm@gmail.com
9841017798

London’s Best Park Bench Meals ||almuni Connect||

2020-11-26 00:20:14

Contributors





Khalti	**Spandan Subba**	**Ranjan Pokharel**	**Mega Bank**
Sponsor	Author	Author	Knowledge Partner
Online pay	student	student	Bank

Anuj Ghimire	**Kantipur**
Author	Knowledge Partner
Almuni	Media Company

London’s Best Park Bench Meals

Sandwiches, North African in Shepherds Bush

We would happily cycle for two hours to get to one of Sam’s sandwiches. And this is coming from a group of people who championed the post-breakfast nap. A street food spot inside Shepherd’s Bush Market, it’s home to certified Proper Sandwiches. There’s none of that soggy bread or rock-hard crust drama here, only seriously tasty Algerian sandwiches packed full of fish fillet, merguez, marinated chicken, and,importantly, chips. Plus, if you’re on a bike or are feeling particularly energetic, you can take your sarnie on a romantic stroll to the pretty little lake at Ravenscourt Park.

Spandan College1
spandanktm@gmail.com
9841017798

KAROLINA WIERCIGROCH

The Bull & Last

Hampstead Heath is undoubtedly London's finest green space and anyone who says otherwise is far too impartial for this partisan editorial team. Aside from the greenery, the leafy woodland bits, and the never-not-entertaining dog ponds featuring lots of soggy good boys and girls, it's also surrounded by some excellent pubs serving excellent food. The Bull & Last (on the Gospel Oak side) is one of these and its takeaway menu is very appealing. There's haddock and triple-cooked chips, a roast beef sandwich with aioli and horseradish, or, if you want a park pudding, Ferrero Rocher ice cream.

Mei Mei

You. A bench. The distant squawk of a seagull landing in the Thames. Mei Mei's nasi lemak from Borough Market. Is there anything else you could possibly need? Well, maybe physical affection and a national ban on faux-inspirational 'new normal' TV adverts, but seeing as we can't help with that, let's focus on this coconut rice dish. Packed full of peanuts, fried chicken, and egg it's perfect for a sit-down lunch on the river. You can't go wrong with their kaya toast or Singapore curry either.

LDN

Spandan College1
spandanktm@gmail.com
9841017798

GUIDE:

66 DIY Meal Kits To Make Your Housemates Shout “Oui Chef”

READ

La Chingada Mexican Food

We’ve got a few recommendations when it comes to La Chingada. One is that you should come hungry. Because this little taqueria has a knack for making you order, then making you order some more, and then, just as you finish chewing your last el pastor taco, or cram a final gooey tostada into your face, making you wonder… chicken wings? Our other tips are on where to set up shop. There’s a pretty comfy step next door or, if you’re of a more patient disposition, wander up to the actual Surrey Quays where there’s water, space, and benches. Just make sure you bring napkins. Lots of napkins.

Wine N Rind

One of our staff writers is in a deep and meaningful relationship with a goose from her local lake. You’ll either react to this nugget of information with concern or email us a picture of ‘Amelia Neckhart’, the swan you now visit daily. In all honesty, it’s only partly to do with the goose and a lot to do with Wine N Rind’s toasties. This Tottenham cheese shop is putting things between bread that you never even dreamed of. Think ’nduja and sausage ragu, cacio e pepe, and Mont d’Or with black truffle. Pick one up and head to the Lordship Recreation Ground for exceptional bird-watching action.

GIULIA VERDINELLI

Caribbean **in** Brixton

Right before lockdown 2.0 we had a sentimental bench moment in Brockwell Park, poignantly staring out over this city like we were starring in some ITVBe series called ‘My Heart, Broken By Lockdown’. Or something.

Spandan College1
spandanktm@gmail.com
9841017798

Anyway, match some of the best views in the city with some great jerk chicken and curry goat from homely Caribbean spot, Healthy Eaters. Getting a couple of freshly baked patties is also a necessity, you know, for ‘warmth’.

40 Maltby St

On a sunny day you want to be up bright and early for two reasons. The first is carpe diem and all that stuff. The second is because 40 Maltby Street makes sandwiches that, in the words of the internet, are absolute units. These big boys fly off their proverbial shelves, whether filled with pumpkin fritters and roasted tomatoes, or homemade fish fingers and pickled cucumbers. You’re also a five or ten minute wander from the Thames, so there are nice seating spots aplenty.

LDN

GUIDE:

8 Noodle Soup Meal Kits To Warm Your Icy Soul

READ

Spandan College1
spandanktm@gmail.com
9841017798

KAROLINA WIERCIGROCH